

FITNUT™

The Fitness & Nutrition Program for children.

Draw a line to match the superstar to their superpower



Frozen fresh or on the cob,
protecting your brain is my job.



I'll help you fight coughs and
sneezes and other nasty diseases.



I'm tall, I'm green, I look like a tree,
I'm full of Calcium and Vitamin C.



I can help your eyes
to see in dark night skies.