

# FITNUT™

The Fitness & Nutrition Program for children.

P Q Q Y R R E H C I H C I H C Q H  
L B X U X F S L L L A E Q I K U I  
T O W P I X U E A V U G W V H V X  
C B Q E C Q P T B G J N M H L B T  
A B K Z N P W C E Z W A H L I M O  
Z Y E G B D E F O S Z R P E M T J  
C B J U A A Y R Q B O O S M M N F  
U L S S R X N W R V C J R M Y U P  
C A K I R B U G A Y A O B Y L J A  
U C D W Y T P D A T P J R V I H U  
M K T I B P E E Z B E E Q N M N L  
B B F K A Y H I P F I R A K E M A  
E E R I N J J K R B H G M C I X P  
R R O K A Z Y D G H Z K R E H N E  
X R L I N F Z A K D D G X A L O A  
J Y U K A N O M E L Z I L X P O O  
S U Z Y S P I N A C H K C J P E N

Barry Banana

Bobby Blackberry

Caz Cucumber

Chi Chi Cherry

Cob Corn

Gabi Grape

Kiki Kiwi

Limmy Lime

Liz Lemon

OJ Orange

Paula Pea

Perry Peach

Suzy Spinach

Wendy Watermelon